

Ear Candling

What is Ear Candling?

Ear Candling is a natural way to clean out accumulated wax, yeast, fungus, and bacteria from the ears. The accumulations withdrawn from your ears may be many months or even years old. Ear Candles are custom designed from natural fibers and tapered to precise specifications. Ear Candling is a simple and time-proven therapy that can be very effective in removing old and troublesome blockages from the ear canal, without the use of solutions or probes. Ear Candling is for problems of the ears, sinuses, and lymphatics.

Some conditions that may benefit from Ear Candling:

- Headaches
- Ear Infections
- TMJ Dysfunction
- Excessive Wax
- Ringing in the ears
- Plugged Ears
- Hearing Challenges
- Inner Ear Pressure
- Migraines
- Chronic Sinusitis
- Imbalance
- Ear Aches and Pain

Ear Candling works through a process called convection in which softer waxes and toxins will be drawn out of the ear, oxidized, and turned into vapors during the procedure. Some of the debris will be collected in the bottom of the candle.

What does an Ear Candling session involve and how long does a session last?

During a session you lie on your side with your body in a straight alignment. A special conical candle is inserted into a protective plate ... The candle is lit and slowly begins to burn. The small tapered end is gently placed into your ear canal.

A typical Ear Candling session lasts about 45 minutes.

Ear Candling is not painful; you will only feel the candle being carefully inserted in your ear. You may also hear some crackling and popping, as the ear wax is being pulled from within your ears.

How often should Ear Candling be done?

Initially, most people need just 2 or 3 candling sessions to get their ears clean. However, some people may need up to 8 sessions over a six month period. Once your ears are clean, personal preference should determine how often you have your ears candled. Every three to four months is recommended.



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